

Personal Constructs and Career Exploration.

Appendices

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APPENDIX A:
ELEMENT ELICITATION

CAREERS : Occupation and its associated lifestyle.

<p>ELEMENT 1</p> <p style="text-align: center;">MY ACTUAL CAREER</p>	<p>ELEMENT 2</p> <p>(A career I might consider)</p>
<p>ELEMENT 3</p> <p>(A career I might consider)</p>	<p>ELEMENT 4</p> <p>(A career I might consider)</p>
<p>ELEMENT 5</p> <p>(A career I might consider)</p>	<p>ELEMENT 6</p> <p>(A career I would not consider)</p>
<p>ELEMENT 7</p> <p>(A career I would not consider)</p>	<p>ELEMENT 8</p> <p>(A career I would not consider)</p>
<p>ELEMENT 9</p> <p>(A career I would not consider)</p>	<p>ELEMENT 10</p> <p style="text-align: center;">THE IDEAL CAREER</p> <p style="text-align: center;">(How I'd like to be in 5 to 10 years time).</p>

APPENDIX B:**CONSTRUCT ELICITATION**

"In what way are two of the elements similar, and yet, on the same dimension different from the third in terms of....what it would be like to work in these careers?"

<p>CONSTRUCT A</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>	<p>CONSTRUCT B</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>
<p>CONSTRUCT C</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>	<p>CONSTRUCT D</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>
<p>CONSTRUCT E</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>	<p>CONSTRUCT F</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>
<p>CONSTRUCT G</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>	<p>CONSTRUCT H</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>
<p>CONSTRUCT I</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>	<p>CONSTRUCT J</p> <p>Two are.....</p> <p>.....</p> <p>whereas the other one.....</p> <p>.....</p>

APPENDIX C:

LADDERING

Move **up** the ladder by asking "**Why?**" questions.
 Move **down** the ladder by asking "**How?**" questions.

Superordinate level :
 Fundamental values,
 objectives.

vs.

WHY?



vs.

WHY?



vs.

WHY?



Originally elicited
 construct.....

vs.

HOW?



HOW?



HOW ELSE?

↓ HOW?

↓ HOW?

↓ HOW?

Subordinate level : Actions, objects, environments and symbols that reflect the higher levels.

**APPENDIX D:
REPERTORY GRID**

⊕ Constructs		Elements.....									
Pole of similarity	Pole of difference	1	2	3	4	5	6	7	8	9	10
Two are....	.whereas...the other one...	ACTUAL CAREER									IDEAL CAREER
A	1.2.3.4.5.6.7	#		#	#						
B	1.2.3.4.5.6.7		#		#	#					
C	1.2.3.4.5.6.7			#		#	#				
D	1.2.3.4.5.6.7				#		#	#			
E	1.2.3.4.5.6.7					#		#	#		
F	1.2.3.4.5.6.7						#		#	#	
G	1.2.3.4.5.6.7									#	#
H	1.2.3.4.5.6.7	#							#		#
I	1.2.3.4.5.6.7	#								#	
J	1.2.3.4.5.6.7		#								#
	Distance Scores										

APPENDIX E: PYRAMID PROCEDURE (Landfield & Epting 1987)

